

Meeting Format

Hello and welcome to the Sedona Monday meeting of Debtors Anonymous.

My name is _____ and I will be the leader for this meeting.

After a moment of silence, let us open the meeting with the Serenity Prayer.

“God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference.”

We welcome all our phone members. It helps keep our noise down if you would please press *6 on your phone when not sharing, this mutes you; then if sharing press *6 again, thank you.

Debtors Anonymous offers hope for people whose use of unsecured debt causes problems and suffering. We come to learn that compulsive debting is a spiritual problem with a spiritual solution, and we find relief by working the D.A. recovery program based on the Twelve-Step principles.

The only requirement for membership is a desire to stop incurring unsecured debt. Even if members are not in debt, they are welcome in D.A. Our Fellowship is supported solely through contributions made by members; there are no dues or fees.

Debtors Anonymous is not affiliated with any financial, legal, political, or religious entities, and we avoid controversy by not discussing outside issues. By sharing our experience, strength, and hope, and by carrying the message to those who still suffer, we find joy, clarity, and serenity as we recover together.

I have asked someone to read the Twelve Steps.

I have asked someone to read the Tools of D.A.

I have asked someone to read the Tradition of the Month.

Are there any Newcomers here? We ask that any newcomers and visitors introduce themselves by first name only so that we can welcome you. Press *6 if muted. (*HAVE INTRODUCTIONS*)

(IF THERE ARE NEWCOMERS READ THE FOLLOWING)

If you are having problems with money and debt and think you may be a compulsive debtor, you have come to the right place. Debtors Anonymous can help you. We offer face-to-face, telephone, and internet meetings, and we suggest attending at least six meetings to have an opportunity to identify with the speakers and become familiar with D.A. before deciding whether or not this program is for you. If you identify with some or all aspects of compulsive debting, we hope you will join us on the path to recovery and find the peace, joy, and love that we have found in Debtors Anonymous.

If you would like to speak to someone further, Carol, our newcomer greater, will stay on the call after the meeting is over or you may contact her at 207-838-8054.

We will now take a few minutes to go around the physical room and the virtual room so that each person who cares to may introduce himself or herself. Please press *6 to un-mute and tell us your first name and where you are calling from. After introducing yourself, please press *6 to mute in order to keep our meeting free of background noise.

This meeting has a variable format: The first week of the month we study the Steps and have a business meeting following the meeting; the second week we have a speaker or qualifications; the third week is a tape recording; the fourth week is devoted to BDA; and the fifth week, when applicable, we study the traditions.

Today is: (ANNOUNCE TOPIC/SPEAKER)

(ONCE THE SPEAKER/READING IS COMPLETED, READ) We have now come to the sharing portion of the meeting. In D.A we do not engage in cross-talk, which includes interrupting or directly addressing another share, but we focus only on our recovery. Who will be our time keeper?

The meeting is now open for sharing.

We will now practice the 7th Tradition. We pass the basket twice: once in support of the meeting and it's expenses, currently 8 dollars a week; the second to support our GSR to attend the World Service Conference. D.A. has no dues or fees. We are self-supporting through our own contributions. Our treasurer's address for mailing contributions is:

Norma Redish, 180 Carol Canyon Drive, Sedona, AZ 86336

Members may contribute directly to our GSR fund via PayPal.

- Click Send, then
- Click Send to Friends and Family.
- Enter the following email address: *bdaactionworkshops@gmail.com*.
(Meeting Leader, please repeat the email address)

Thank you very much for your contributions.

Are there any D.A. related announcements?

If you would like a phone list or to be put on the phone list for this meeting, send an e-mail to Lee at endlessrewardsnow@gmail.com or call 917-498-8368

If you would like to be added to our workshop notification email list, send an e-mail to bdaactionworkshops@gmail.com

In closing, we are going to go around the room and read the Promises of D.A.

We will now go around the room and share our action step for the next week.

(GO AROUND THE ROOM FOR EVERYONE TO SAY THEIR ACTION STEP FOR THE NEXT WEEK - EXCEPT ON THE WEEK OF THE BUSINESS MEETING - 1ST WEEK OF THE MONTH)

We will now close the meeting with a moment of silence, followed by the Serenity Prayer. We ask our phone members to Press *6 to unmute and join us. *(WAIT 5 SECONDS BEFORE STARTING SERENITY PRAYER)*

"God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference."